



*Steppin'  
Out*

◦ CELEBRATION OF HOPE ◦

## “CELEBRATION OF HOPE AWARD” RECIPIENTS



### THE CENTER FOR REHABILITATION MEDICINE STAFF AND CARE TEAM

We are honoring these dedicated professionals, recognizing their tireless efforts and invaluable contributions to improving the lives of others. For the past 50 years, the Center for Rehabilitation Medicine at Northridge Hospital has helped patients conquer obstacles, reach goals, and maximize independence. Offering exceptional care, these dedicated individuals develop integrated treatment plans that address the patient’s individual goals and focus on each patient’s physical, emotional, and cognitive needs through structured rehabilitation therapy, medical management, counseling and family/care partner education. Together they are responsible for helping their patients get back into the game of life.

## GRACE LELAND “PHYSICIAN APPRECIATION” AWARD RECIPIENT:



### THOMAS HEDGE, MD

Dr. Hedge has been affiliated with the Center for Rehabilitation Medicine of Dignity Health - Northridge Hospital Medical Center since 1978. A graduate of the USC/Keck school of medicine, he has served as both assistant medical director, associate medical director, and medical director of the Rehabilitation Center. He has specialized in general physical medicine and rehabilitation along with spinal cord injury medicine and brain injury medicine. Previous awards include Physician of the Year by the California Governor’s Committee for Employment of Disabled Persons; Movers and Shakers award from the Independent Living Center of Southern California; along with a Special Recognition Award from the Paralyzed Veterans of America; and the Triumph Foundation’s Outstanding Service Award. He has been named on the Super Doctors Los Angeles list since 2008. Serving the hospital and the disabled community is his proudest accomplishment. His ability to work all of these years is testimony to the love and devotion of his wife, Cyd, and his family and friends.

## PROCEEDS FROM THIS YEAR’S EVENT WILL BENEFIT:



### THE CENTER FOR REHABILITATION MEDICINE

This year’s proceeds will benefit the Center for Rehabilitation Medicine by purchasing essential equipment needed to aid patients undergoing rehabilitation in various ways. The equipment purchased will help to safely reposition patients with limited mobility, ensuring comfort and safety during their care. The Tran-Sit Car Transfer Simulator will assist patients in practicing safe transfers between wheelchairs and vehicle seats. Together, these new equipment pieces contribute to our comprehensive rehabilitation program by providing patients with opportunities to practice essential skills, engage in targeted exercises, and receive assistance with mobility and positioning as needed. This equipment enables therapists to create tailored treatment plans and support patients in achieving their rehabilitation goals effectively and safely.



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S A T U R D A Y  
OCT 5 | 2024

FOUR SEASONS HOTEL | GRAND BALLROOM  
2 DOLE DRIVE, WESTLAKE VILLAGE, CALIFORNIA

5:30pm Silent Auction | 7:00pm Dinner

Black Tie Optional | Gatsby-Themed Attire Encouraged